

## Cellular Respiration

Aerobic respiration is the overall name of the metabolic pathway that converts glucose to energy for cellular processes. Because Eukaryotes complete this process within the various parts of the mitochondrion, it is important first to have an understanding of the physical locations wherein the stages take place.

Respiration can be divided into four major steps, the first of which is fully anaerobic and is referred to as glycolysis.

The overall net equation for aerobic respiration is:

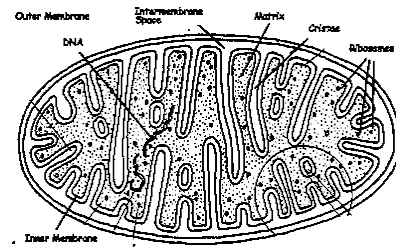
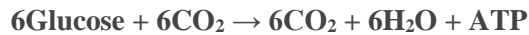


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### Glycolysis

Glucose, a six-carbon monosaccharide, is broken down into two three-carbon pyruvate molecules. This, in itself, is a rather complicated and multi-step procedure that requires ten steps for completion. With a net result of four ATP molecules along with the final two pyruvates, the glycolytic pathway is considered energy-producing, and can be utilized by cells when under anaerobic conditions. The overall reaction takes place in the cytosol and can be simplified as:



### Pyruvate Oxidation

The two pyruvate products in the cytosol then enter the mitochondrial matrix for further processing. Each molecule is cleaved, removing a carboxyl group ( $-\text{COO}^-$ ) that exits as  $\text{CO}_2$ . The remaining acetyl group is bound to coenzyme A, resulting in two acetyl CoA molecules. Additionally, an  $\text{NAD}^+$  molecule is reduced, producing  $2\text{NADH}$  with the overall reaction:

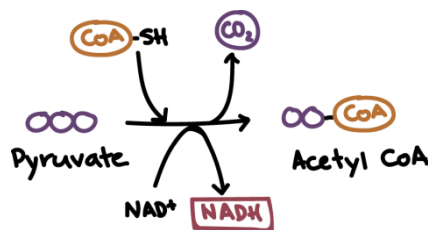
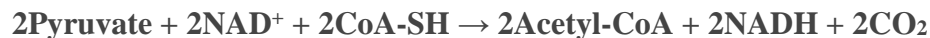
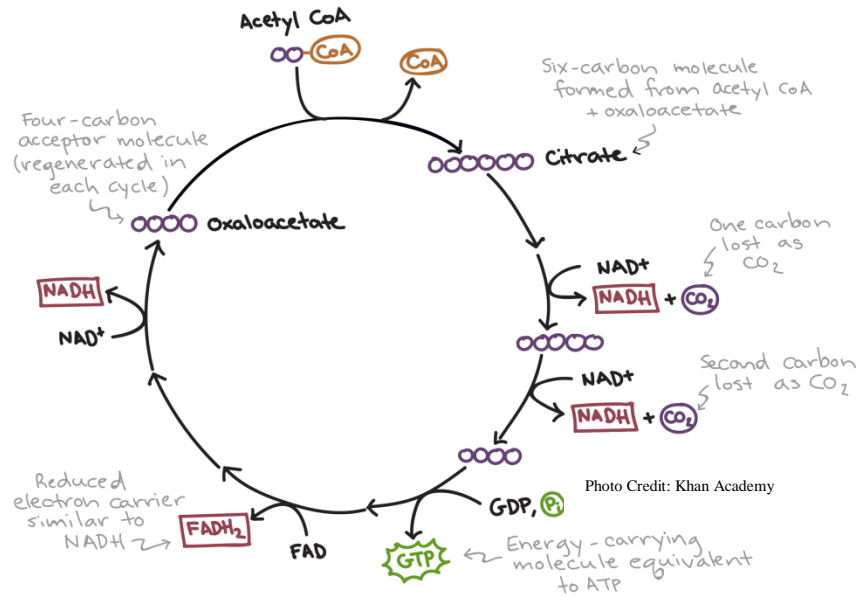


Photo Credit: Khan Academy



### The Citric Acid Cycle

The Citric Acid Cycle (also known as the Krebs Cycle) is a series of redox reactions in the mitochondrial matrix involving the oxidation of metabolites by electron carriers  $\text{NAD}^+$  and  $\text{FAD}$ , which are reduced to form  $\text{NADH}$  and  $\text{FADH}_2$ , respectively. As acetyl-CoA enters the cycle, it binds to oxaloacetate to form citrate. Each "turn" of the cycle results in a net of two  $\text{CO}_2$  molecules and a single  $\text{ATP}$ , but the importance of the cycle is in the production of three  $\text{NADH}$  and an  $\text{FADH}_2$  for each of the acetyl-CoA reactants.



### The Electron Transport Chain

The final stage of respiration results in the greatest output of energy-containing  $\text{ATP}$  molecules. It is also referred to as oxidative phosphorylation and is heavily dependent on aerobic conditions for fulfillment. The reduced  $\text{FADH}_2$  and  $\text{NADH}$  molecules produced in the Citric Acid Cycle transfer electrons to a series of proteins embedded in the inner membrane of the mitochondria. Thus,  $\text{FAD}$  and  $\text{NAD}^+$  are regenerated and can be recycled back to previous stages of the respiration process. The electrons, however, pass along the proteins as the  $\text{H}^+$  ions accumulate within the inter-membrane space. They are ultimately accepted by  $\text{O}_2$  to form  $\text{H}_2\text{O}$ , and a gradient is established as the  $\text{H}^+$  concentration increases on one side of the membrane. The pH of this region, therefore, is decreased, and a threshold acidic pH alters the  $\text{ATP}$  synthase enzyme and opens its component protein channel, generating a proton flux through the membrane. The enzyme harnesses the energy from this process in order to facilitate the phosphorylation of  $\text{ADP}$  to  $\text{ATP}$ . In total, this stage of respiration yields approximately 26-28  $\text{ATP}$  molecules, resulting in a net total of 30-32 for cellular respiration overall.

